




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February's Major Monthly Events for Reflections</h1>   					<p>1 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>1:30 Confessions with Father –S</u> <u>2:00 Winter Mass-S</u> <u>2:30 Taste of... with TG Students -R3</u></p>	<p>2 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 2:00 Music &amp; Memories R3 3:00 Music &amp; Memories R2</p>
<p>3 1:30 Worship Songs &amp; Coffee—R3 2:00 Sunday Worship Service with Pastor Ben-R3</p>	<p>4 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>2:00 Scenic Drive "Looking for the Color Red" (Snow Sculptures) (R &amp; AL)</u></p>	<p>5 <u>9-3:00 Appointment Runs</u> 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>1:00 ED. Session on Dog Therapy-S</u> 2:30 "RICA" -R2 3:30 Catholic Communion - S</p>	<p>6 <u>9-3:00 Appointment Runs</u> <u>10:00 King's Kids –R3</u> <u>Bingo with Color of LOVE</u> 2:30 Hymn Sing by Peggy –R3</p>	<p>7 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>1:30(R2) See Birds Bathe –1E</u> <u>2:30 Piano Music by Bonnie - S</u> <u>6:00 Brightondale Family &amp; Friends Support Group—F</u></p>	<p>8 <u>1:00 Music by Joe Aherns-R3</u> 2:30 Active Fitness –R3 3:30 Fitness Visits—R2 <u>6:00 Global Party of the Month "Love in All Languages"-S</u></p>	<p>9 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 2:00 Music &amp; Memories R3 <u>3:00 Korean Drumming -S</u></p>
<p>10 1:00 Sunday Devotions –R3 1:30 Worship Songs &amp; Coffee—R3</p>	<p>11 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>1:30 Short Outing "Puppy Love - Pet Store Visit" (R &amp; AL)</u></p>	<p>12 <u>9-3:00 Appointment Runs</u> 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>2:15 King's Kids –R3</u> <u>Bingo with Color of LOVE</u></p>	<p>13 <u>9-3:00 Appointment Runs</u> 10:00 Active Fitness –R3 <u>10:30 Music with Gary –R3</u> <u>2:15 Love Stories, Poems &amp; Guest Author Laurie Johnson –S</u></p>	<p>14 <b>Valentines' Day</b> 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>1:30 Dog Therapy Group Visit– S</u> <u>2:00 Party &amp; Coronation-S</u></p>	<p>15 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 1:00 Animal Adventures With DVD–R3&amp;R2 <u>2:30 Baking with TG Students -R3</u></p>	<p>16 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 2:00 Music &amp; Memories R3 3:00 Music &amp; Memories R2</p>
<p>17 1:30 Worship Songs &amp; Coffee—R3 2:00 Sunday Worship Service with Pastor Ben-R3</p>	<p>18 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>1:30 Essential Oils Hand Massages –S</u></p>	<p>19 <u>9-3:00 Appointment Runs</u> 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 2:00 "Food Adventures" -R3 2:30 "Food Adventures" -R2 3:30 Catholic Communion - S</p>	<p>20 (Art for All ~ by sign up)-1B 10:00 Active Fitness –R3 <u>2:30 Hymn Sing by Peggy R3</u> <u>4:00 "Birthday Night" Dinner -D</u></p>	<p>21 <u>&gt;9-12 Appointment Runs</u> 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 2:30 Game of the Week -BINGO- S</p>	<p>22 10:00 Active Fitness –R3 10:30 Fitness Visits -R2 <u>1:00 Music by Lady Di &amp; Accompaniment -R3</u> <u>6:00 Crosswords &amp; Happy Hour –S</u></p>	<p>23 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 2:00 Music &amp; Memories R3 3:00 Music &amp; Memories R2</p>
<p>24 1:00 Sunday Devotions –R3 1:30 Worship Songs &amp; Coffee—R3</p>	<p>25 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>1:30 Outing to Springbrook Nature Center (R &amp; AL)</u></p>	<p>26 <u>9-3:00 Appointment Runs</u> 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 2:00 "Food Adventures" -R3 2:30 "Food Adventures" -R2</p>	<p>27 <u>9-3:00 Appointment Runs</u> 10:00 Active Fitness –R3 <u>10:30 Music with Gary –R3</u> <u>2:15 King's Kids –S</u> <u>Bingo with Color of LOVE</u></p>	<p>28 10:00 Active Fitness –R3 10:30 Fitness Visits—R2 <u>1:30 (R3) See Birds Bathe –1E</u> <u>Elegant Dinner –D</u></p>	<p><b>Key</b> F - Fireside Room D—Dining Room S - Sunroom E - Exercise P - Patio SN - Sunroom Nook / - Or 1E - 1st Floor Elevator Lobby 1B - Lobby by Beauty Shop</p> <p><b>Neighborhoods</b> (IL) - Independent (AL) - Assisted Living (R2) - Reflections on 2 (R3) - Reflections on 3</p>	
<ul style="list-style-type: none"> <li>◆ Check Out the <b>Reflections Calendar of Daily Choices</b> supported by Lifesprk</li> <li>◆ At present, <b>Care Conferences</b> will be held on most Friday mornings—residents conferences are every 6 months. Notices will be mailed out.</li> <li>◆ <b>Active Fitness</b> will vary from exercise, dance, to walks in the park, to active games like parachute, bowling, music and movement, tossing challenges and more.</li> </ul>			<ul style="list-style-type: none"> <li>◆ <b>RICA Visits—Resident Individually Centered Activities!</b> RICA visits aim to enhance self-esteem and sense of accomplishment through one to one or small groups interactions. These visits will be continue around listed programs and in addition to the one visited on the calendar.</li> <li>◆ With <b>Appointment Runs</b> - An Escort is required for Reflections</li> <li>◆ <b>UPDATE -Seasonal KIT Boxes</b> for enriching Family &amp; Friend Visits to be stored in cabinets by the Elevators</li> </ul>			