

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><i>Changes to this calendar will be posted on the Daily Activity Sheets ~ Thank You</i></p>	<p>1 10:00 Active Fitness –R3 10:45 “RICA”—R2 <u>1:30 Outing to “Bachman’s Garden Party Flower Show”</u> (R &amp; AL)</p>	<p>2 9-3:00 <u>Appointment Runs</u> 10:00 Active Fitness –R3 10:45 RICA—R2 1:00 <u>Educational Session –S “MN History Slide Show”</u></p>	<p>3 9-3:00 <u>Appointment Runs</u> 10:00 Active Fitness –R3 10:45 “RICA”—R2 2:15 <u>Hymn Sing by Peggy –R3</u> 3:00 <u>Protestant Communion –R3</u> 3:30 Rosary - S</p>	<p>4 10:00 Active Fitness –R3 10:45 “RICA”—R2 2:00 Game of the Week -BINGO- S 6:00 <u>Brightondale Family &amp; Friends Support Group—F</u></p>	<p>5 10:00 Active Fitness –R3 10:45 “RICA”—R2 <u>1:00 Guitar Music with Mary Franz– R3</u> <u>3:00 Stations of the Cross—S</u> 6:00 Crosswords &amp; Happy Hour –S</p>	<p>6 10:00 Active Fitness –R3 10:45 Fitness Visits—R2 2:00 Music &amp; Memories R3 3:00 Music &amp; Memories R2</p>	
<p>7 1:00 Sunday Devotions –R3 1:30 Worship Songs &amp; Coffee–R3</p>	<p>8 10:00 Active Fitness –R3 10:45 “RICA”—R2 <u>1:30 Outing to “Como Spring Flower Show”</u> (R &amp; AL)</p>	<p>9 9-3:00 <u>Appointment Runs</u> 10:00 Active Fitness –R3 10:45 RICA- R2 1:00 Short Stories Plus -R2 1:30 Short Stories Plus -R3 3:30 <u>Catholic Communion- S</u></p>	<p>10 9-3:00 <u>Appointment Runs</u> <u>10:30 Music with Gary –R3</u> 2:15 Food Adventures –R3 2:45 Food Adventures–R2 3:30 Rosary - S</p>	<p>11 10:00 Active Fitness –R3 10:45 “RICA”—R2 <u>1:30(R2) See Birds Bathe –1E</u> 2:00 Game of the Week -Names &amp; Numbers - S</p>	<p>12 <u>2:15 Spring Fitness Games- R3</u> <u>2:45 Creating with Hand Chimes TG Students –R3</u> <u>3:00 Stations of the Cross—S</u> <u>4:00 (\$\$) Pizza Party Inhouse Outing (Sign up required)-S</u></p>	<p>13 10:00 Active Fitness –R3 10:45 Fitness Visits—R2 2:00 Music &amp; Memories R3 3:00 Music &amp; Memories R2</p>	
<p>14 1:00 Sunday Devotions –R3 1:30 Worship Songs &amp; Coffee–R3</p>	<p>15 10:00 Active Fitness –R3 10:45 “RICA”—R2 <u>2:00 Short Drive “View Churches”</u> (R &amp; AL)</p>	<p>16 9-3:00 <u>Appointment Runs</u> 10:00 Active Fitness –R3 10:45 RICA - R2 <u>2:00 Dog Therapy Visits R2</u> <u>2:30 Dog Therapy Visits R3</u></p>	<p>17 9-3:00 <u>Appointment Runs</u> 10:00 Active Fitness –R3 10:45 “RICA”—R2 2:15 <u>Hymn Sing by Peggy R3</u> 3:00 <u>Protestant Communion –R3</u> 3:30 Rosary - S 4:00 <u>“Birthday Night” Dinner -D</u></p>	<p>18  <u>2:15 King’s Kids Easter Egg Coloring—R3</u></p>	<p>19 <b>GOOD FRIDAY</b> 10:00 Active Fitness CD–R3 <u>10:30 Good Friday Fellowship-S</u> <u>1:00 Piano Music with Don Irwin –S</u> <u>3:00 Stations of the Cross—S</u></p>	<p>20 </p>	
<p>21 <b>EASTER</b>  1:30 Worship Songs &amp; Coffee–R3 <u>Easter Holiday Noon Meal</u> <u>2:00 Sunday Worship Service with Pastor Ben-R3</u></p>	<p>22 10:00 Active Fitness –R3 10:45 “RICA”—R2 <u>12:00-3:00 Extra Appointment</u> <u>2:15 King’s Kids —S “Easter Egg Hunt”</u></p>	<p>23 9-3:00 <u>Appointment Runs</u> 10:00 Active Fitness –R3 10:45 RICA -R2 1:00 <u>Educational Session –S “Rare Place , Rare Wildlife”</u> <u>3:30 Catholic Communion - S</u></p>	<p>24 9-3:00 <u>Appointment Runs</u> 10:00 Active Fitness –R3 <u>10:30 Music with Gary –R3</u> 1:00 (Art for All ~ by sign up)-R2 <u>2:30 Global Adventure of the Month “Taste of Kosher!” with Happy Hour-S</u> 3:30 Rosary - S</p>	<p>25 10:00 Active Fitness –R3 10:45 “RICA”—R2 <u>1:30 (R3) See Birds Bathe –1E</u> 2:00 Game of the Week -BINGO- S</p>	<p>26 10:00 Active Fitness –R3 10:45 “RICA”—R2 <u>1:00 Keyboard Music with James Berner– R3</u> <u>2:45 Creating with TG Students -R3</u> 6:00 Crosswords &amp; Happy Hour –S</p>	<p>27 10:00 Active Fitness –R3 10:45 Fitness Visits—R2 <u>1:30 Essential Oils Hand Massages –S</u> 2:00 Music &amp; Memories R3 3:00 Music &amp; Memories R2</p>	
<p>28 1:00 Sunday Devotions –R3 1:30 Worship Songs &amp; Coffee–R3</p>	<p>29 10:00 Active Fitness –R3 10:45 “RICA”—R2 <u>2:00 Short Treat Drive “Looking for Signs of Spring”</u> (R &amp; AL)</p>	<p>30 9-3:00 <u>Appointment Runs</u> <u>10:00 Youngest King’s Kids –R3</u> 1:00 Food Adventures -R2 1:30 Food Adventures -R3</p>	<p><b>APRIL'S Major Monthly Events</b> <b>Reflections</b> </p>			<p><b>Key</b> F - Fireside Room D - Dining Room S - Sunroom E - Exercise P - Patio SN - Sunroom Nook / - Or - Outing/Special 1E - 1st Floor Elevator Lobby 1B - Lobby by Beauty Shop</p>	<p><b>Neighborhoods</b> (IL) - Independent (AL) - Assisted Living (R2) - Reflections on 2 (R3) - Reflections on 3</p>

- ◆ Check Out the Reflections Calendar of Daily Choices supported by Lifesprk
- ◆ At present, **Care Conferences** will be held on most Friday mornings—residents conferences are every 6 months. Notices will be mailed out.
- ◆ **Active Fitness** will vary from exercise, dance, to walks in the park, to active games like parachute, bowling , music and movement, tossing challenges and more.

- ◆ **RICA Visits—Resident Individually Centered Activities!** RICA visits aim to enhance self-esteem and sense of accomplishment through one to one or small groups interactions. These visits will be continue around listed programs and in addition to the one listed on the calendar.
- ◆ With **Appointment Runs** - An Escort is required for Reflections
- ◆ UPDATE -**Seasonal KIT Boxes** for enriching Family & Friend Visits to be stored in cabinets by the Elevators