

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Changes to this calendar will be posted on the Daily Activity Sheets ~ Thank You</i></p>	<p>MAY'S Major Monthly Events</p> <p>Reflections</p> 		<p>1 9:30:00 <u>Appointment Runs</u> 10:00 <u>King's Kids—R3</u> 2:15 <u>Hymn Sing by Peggy –R3</u> 3:00 <u>Communion –R3</u> 3:30 <u>Rosary - S</u></p>	<p>2 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA—R2</u> 2:15 <u>King's Kids—R3</u> 6:00 <u>Brightondale Family & Friends Support Group—F</u></p>	<p>3 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA—R2</u> 1:00 <u>Guitar Music with Roy Holdren— R3</u> 6:00 <u>Crosswords & Happy Hour –S</u></p>	<p>4</p> 
<p>5 1:30 <u>Worship Songs & Coffee—R3</u> 2:00 <u>Sunday Worship Service with Pastor Ben-R3</u></p>	<p>6 9:00 <u>Models' Preptime-R2&3</u> 10:00 <u>Senior Photo Shoot –S</u> 2:00 <u>Short History Drive "Schools" (R & AL)</u></p>	<p>7 9-3:00 <u>Appointment Runs</u> 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA—R2</u> 1:00 <u>Walking Fitness -R2</u> 1:30 <u>Walking Fitness -R3</u></p>	<p>8 9-3:00 <u>Appointment Runs</u> 10:00 <u>Active Fitness –R3</u> 10:30 <u>Music with Gary –R3</u> 2:15 <u>King's Kids—R3</u> 3:30 <u>Rosary - S</u></p>	<p>9 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA / Walking –R2</u> 1:30(R2) <u>See Birds Bathe –1E</u> 2:00 <u>Game of the Week -BINGO- S</u></p>	<p>10 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA—R2</u> 2:45 <u>Global Adventure of the Month "Mexico"- R3</u></p>	<p>11 10:00 <u>Active Fitness –R3</u> 10:45 <u>Fitness Visits—R2</u> 2:00 <u>Music & Memories R3</u> 3:00 <u>Music & Memories R2</u></p>
<p>12 <i>Mother's Day</i> 1:00 <u>Sunday Devotions –R3</u> 1:30 <u>Worship Songs & Coffee—R3</u></p>	<p>13 10:00 <u>Active Fitness –R3</u> 10:45 <u>"RICA"—R2</u> 2:00 <u>Short Treat Drive (R & AL)</u></p>	<p>14 9-3:00 <u>Appointment Runs</u> 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA / Walking - R2</u> 1:00 <u>Educational Session –S "MN History Slide Show"</u> 3:30 <u>Catholic Communion- S</u></p>	<p>15 9-3:00 <u>Appointment Runs</u> 10:00 <u>Active Fitness –R3</u> 10:30 <u>Music with Gary –R3</u> 1:00 (Art for All ~ by sign up)-R2 2:15 <u>Hymn Sing by Peggy R3</u> 3:30 <u>Rosary - S</u> 4:00 <u>"Birthday Night" Dinner -D</u></p>	<p>16 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA / Walking –R2</u> 1:30 <u>Therapy Dog "Indy" Visits-R3</u> 2:00 <u>Therapy Dog "Indy" Visits-R2</u></p>	<p>17 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA—R2</u> 1:00 <u>Entertainment of the Mpls. Aquatennial Singers –S</u></p>	<p>18 10:00 <u>Active Fitness –R3</u> 10:45 <u>Music & Memories R2</u> 2:00 <u>Music & Memories R3</u></p>
<p>19 1:30 <u>Worship Songs & Coffee—R3</u> 2:00 <u>Sunday Worship Service with Pastor Ben-R3</u></p>	<p>20 10:00 <u>Active Fitness –R3</u> 10:45 <u>"RICA"—R2</u> 1:30 <u>Outing to "Bachman's" (R & AL)</u></p>	<p>21 9-3:00 <u>Appointment Runs</u> 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA / Walking - R2</u> 2:00 <u>Dog Therapy Visits R2</u> 2:30 <u>Dog Therapy Visits R3</u></p>	<p>22 9-3:00 <u>Appointment Runs</u> 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA—R2</u> 2:30 <u>Community Spring Garden Themed BINGO Outreach, we Hosting Benedictine Residents-S</u> 3:30 <u>Rosary - S</u></p>	<p>23 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA / Walking –R2</u> 1:30 (R3) <u>See Birds Bathe –1E</u> 2:00 <u>Game of the Week --Names & Numbers- S</u></p>	<p>24 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA—R2</u> 1:30 <u>Confessions with Father –S</u> 2:00 <u>Spring Mass –S</u> 3:00 <u>Getting to Know You Event-R2</u> 6:00 <u>Crosswords & Happy Hour –S</u></p>	<p>25 10:00 <u>Active Fitness –R3</u> 10:45 <u>Fitness Visits—R2</u> 2:00 <u>Music & Memories R3</u> 3:00 <u>Music & Memories R2</u></p>
<p>26 1:00 <u>Sunday Devotions –R3</u> 1:30 <u>Worship Songs & Coffee—R3</u></p>	<p>27 <u>Lunchtime Memorial Indoor Picnic Meal—D</u></p> 	<p>28 9-3:00 <u>Appointment Runs</u> 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA / Walking -R2</u> 1:00 <u>Educational Session –S "Foxy Lady"</u> 3:30 <u>Catholic Communion - S</u></p>	<p>29 9-3:00 <u>Appointment Runs</u> 10:00 <u>Active Fitness –R3</u> 10:30 <u>Music with Gary –R3</u> 2:30 <u>Garden Party on Patio (weather permitting or R3)</u> 3:30 <u>Rosary - S</u></p>	<p>30 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA / Walking –R2</u> 2:00 <u>Game of the Week BINGO - S</u></p>	<p>31 10:00 <u>Active Fitness –R3</u> 10:45 <u>RICA—R2</u> 1:00 <u>Keyboard Music with Mike Hubbard– R3</u> 3:00 <u>Getting to Know You Event-R3</u> 6:00 <u>Crosswords & Happy Hour –S</u></p>	<p>Key F - Fireside Room D—Dining Room S - Sunroom E - Exercise P - Patio SN - Sunroom Nook / - Or Special - Outing/ 1E- 1st Floor Elevator Lobby 1B - Lobby by Beauty Shop Neighborhoods (IL) - Independent (AL) - Assisted Living (R2) - Reflections on 2 (R3) - Reflections on 3</p>

- ◆ Check Out the Reflections Calendar of Daily Choices supported by Lifesprk
- ◆ At present, **Care Conferences** will be held on most Friday mornings—residents conferences are every 6 months. Notices will be mailed out.
- ◆ **Active Fitness** will vary from exercise, dance, to walks in the park, to active games like parachute, bowling, music and movement, tossing challenges and more.

- ◆ **RICA Visits—Resident Individually Centered Activities!** RICA visits aim to enhance self-esteem and sense of accomplishment through one to one or small groups interactions. These visits will be continue around listed programs and in addition to the one listed on the calendar.
- ◆ With **Appointment Runs** - An Escort is required for Reflections
- ◆ UPDATE -**Seasonal KIT Boxes** for enriching Family & Friend Visits to be stored in cabinets by the Elevators