



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">JUNE'S Major Monthly Events</p> <p style="text-align: center;">Reflections</p> <div style="display: flex; justify-content: space-around; align-items: center;">  <div style="border: 1px solid black; padding: 5px; font-size: 0.8em;"> <p>Key</p> <p>F - Fireside Room D - Dining Room S - Sunroom E - Exercise P - Patio SN - Sunroom Nook / - Or - Outing/ Special 1E- 1st Floor</p> <p>Elevator Lobby 1B - Lobby by Beauty Shop</p> <p>Neighborhoods (IL) - Independent (AL) - Assisted Living (R2) - Reflections on 2 (R3) - Reflections on 3</p> </div> </div>						
<p style="color: green; text-align: center;"><i>Changes to this calendar will be posted on the Daily Activity Sheets ~ Thank You</i></p>						
<p>2</p> <p>2:00 Sunday Worship Service with Pastor Ben-R3 3:30 Rosary - S</p>	<p>3</p> <p>10:00 Active Fitness –R3 10:45 “RICA”—R2 1:30 Outing to “Arboretum” (R & AL)</p>	<p>4</p> <p>9-3:00 Appointment Runs 10:00 Fitness/Walks –R3/P 10:45 RICA/Walks—R2/P 1:00 Educational Speaker-S “Saving History” <small>Presented by Photographer Doug Ohman</small></p>	<p>5</p> <p>9-3:00 Appointment Runs 10:00 Active Fitness –R3 10:45 RICA—R2 2:15 Hymn Sing by Peggy - R3 3:00 Ecumenical Communion –R3</p>	<p>6</p> <p>10:00 Active Fitness –R3 10:45 RICA—R2 1:30(R2) See Birds Bathe –1E 2:00 Game of the Week -BINGO- S 6:00 Brightondale Family & Friends Support Group <small>(Now located at Meadowood Shores)</small></p>	<p>7</p> <p>10:00 Summer Kick off with Healthy Breakfast Smoothies Demo & Taste Testing – S 1:00 Music with Janet & Nancy –R2</p>	<p>8</p> 
<p>9</p> <p>1:00 Sunday Devotions –R3</p> <p style="text-align: center;">HAPPY Father's Day!</p> <p>2:00 Sunday Worship Service with Pastor Ben-R3 3:30 Rosary - S</p>	<p>10</p> <p>10:00 Active Fitness –R3 10:45 “RICA”—R2 2:00 Global Adventure of the Month- S “Fishing Around the World”</p>	<p>11</p> <p>9-3:00 Appointment Runs 10:00 Active Fitness –R3 10:45 RICA / Walking - R2 >1:30 Reflection Outing to Mill City Museum 3:30 Catholic Communion- S</p>	<p>12</p> <p>9-3:00 Appointment Runs 10:00 Active Fitness –R3 10:30 Music with Gary –R3 2:00 NEW ~ Social GAMES-R3 “Describe &/or the Un-Game”</p>	<p>13</p> <p style="text-align: center;">Sale Days 8-1 At MWS</p> <p>2:00 Game of the Week -BINGO- S</p>	<p>14</p> <p style="text-align: center;">Sale Days 8-12 At MWS</p> <p>2:30 Crosswords & Happy Hour –S</p>	<p>15</p> 
<p>16</p> <p>2:00 Sunday Worship Service with Pastor Ben-R3 3:30 Rosary - S</p>	<p>17</p> <p>10:00 Active Fitness –R3 10:45 “RICA”—R2 2:00 Short Scenic Treat Drive (R & AL)</p>	<p>18</p> <p>9-3:00 Appointment Runs 10:00 Active Fitness –R3 10:45 RICA / Walking - R2 2:00 Food Fun with Cheese Ball– R3</p>	<p>19</p> <p>9-3:00 Appointment Runs 10:00 Active Fitness –R3 10:45 RICA—R2 1:00 (Art for All – by sign up)-R2 2:15 Hymn Sing with Peggy –R3 4:00 “Birthday Night” Dinner -D</p>	<p>20</p> <p>10:00 Active Fitness –R3 10:45 RICA—R2 1:30 Therapy Dog “Indy” Visits-R3 2:00 Therapy Dog “Indy” Visits-R2</p>	<p>21</p> <p>10:00 Fitness /Walking –R3 10:45 RICA / Walking-R2 1:00 Music with Nigel Egg - R3</p>	<p>22</p> <p style="text-align: center;">FLAG DAY 14 th OF JUNE</p> 
<p>23</p> <p>1:00 Sunday Devotions –R3</p>	<p>24</p> <p>10:00 Active Fitness –R3 10:45 “RICA”—R2 2:30 Piano Music by John Lundgren—S</p>	<p>25</p> <p>9-3:00 Appointment Runs 10:00 Active Fitness –R3 10:45 RICA / Walking -R2 1:00 Educational Speaker –S “Benefits with Gentle Yoga” 3:30 Catholic Communion - S</p>	<p>26</p> <p>9-3:00 Appointment Runs 10:00 Active Fitness –R3 10:30 Music with Gary –R3 1:30 Book Club –S</p>	<p>27</p> <p>10:30 Let's Go Fishing & Picnic Lunch Outing (Space Limited) (AL & R) 1:30 (R3) See Birds Bathe –1E 2:00 Game of the Week --Names & Numbers- S</p>	<p>28</p> <p>10:00 Fitness /Walking –R3 10:45 RICA / Walking-R2 12:00 Grillin' & Chillin' Men's ONLY BBQ Community Wide Event</p>	<p>29</p>
<p>30</p> <p>1:00 Sunday Devotions –R3</p>	<ul style="list-style-type: none"> ◆ Check Out the Reflections Calendar of Daily Choices supported by Lifesprk ◆ At present, Care Conferences will be held on most Friday mornings—residents conferences are every 6 months. Notices will be mailed out. ◆ Active Fitness will vary from exercise, dance, to walks in the park, to active games like parachute, bowling , music and movement, tossing challenges and more. 			<ul style="list-style-type: none"> ◆ RICA Visits - Resident Individually Centered Activities! RICA visits aim to enhance self-esteem and sense of accomplishment through one to one or small groups interactions. These visits will be continued around listed programs and in addition to the one listed on the calendar. ◆ With Appointment Runs - An Escort is required for Reflections ◆ UPDATE -Seasonal KIT Boxes for enriching Family & Friend Visits to be stored in cabinets by the Elevators. 		