

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2018



|  |   |   |   |   |  |  |
|--|---|---|---|---|--|--|
| <p>2</p> <p>10:30 Coffee Social - L<br/>2:30 Music &amp; Movement—E<br/>6:30 Pinochle - C</p>  | <p>3</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:30 "Stars &amp; Stripes" Fitness DVD - E</u><br/><u>10:00 Cub &amp; Target Trips (IL&amp; AL)</u><br/>10:30 Coffee Social - L<br/><u>12 to 1:30 Extra Errand Runs South End (IL)</u><br/>1:00 Rummikub Club- L<br/>1:30 Bingo-D<br/>6:30 Hand &amp; Foot—C<br/>6:30 500 Club—L</p> | <p>4</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:00-3:00 Appointment Runs</u><br/><u>9:30 Challenge Fitness-E (with Instructor)</u><br/><u>10:30 Coffee with the Cops—D</u><br/><u>10:30-10:50 Blood Pressure Clinic-C &amp; D</u><br/><u>2:30 Educational Session—Speaker-D</u><br/><u>"Holiday Grief &amp; Recovery"</u><br/><small>Presented by Sheila M. Duddy of Allina</small><br/>6:30 500 &amp; Bridge - L<br/>6:30 Hand &amp; Foot Cards—L<br/><u>7:00 Partners in Prayer - C</u></p>                                    | <p>5</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:00-3:00 Appointment Runs</u><br/><u>9:30 "Chair Yoga" Fitness DVD - E</u><br/>10:30 Coffee Social - L<br/>12:00 Pinochle - L<br/>1:00 7up &amp; 7down Cards —C<br/>3:00 Cribbage-C<br/><u>4:00 Catholic Communion/Rosary - E</u><br/>6:30 500, Bridge &amp; Pinochle - L/D<br/>6:30 Skip-bo, Hand &amp; Foot &amp; Dominoes —C<br/>7:30 500—C</p>                                      | <p>6</p> <p>8:15 Early Music &amp; Movement - E<br/><u>8:15 (\$) Men's &amp; Ladies Breakfast Outing (AL &amp; IL)</u><br/>9:30 Music Fitness —E<br/>10:30 Coffee Social - L<br/><u>11:45—12:45 Bonus BINGO—D</u><br/>1:00 Farkle Game - C<br/><u>2:00 Resident Forum —D</u><br/><u>3:00 New Residents' Welcome—C</u><br/>&gt;&gt;3:00 Cribbage-E<br/>6:30 500 &amp; 7up &amp; 7down Cards —C</p> | <p>7</p> <p>8:15 Early Music &amp; Movement-E<br/><u>9:30 Challenge Fitness-E (with Instructor)</u><br/>10:30 Coffee Social- L<br/><u>1:00 "Merry Little Christmas" Party &amp; Happy Hour-D (with a tree trimming too ...)</u><br/><u>2:30 Guitar Music by Matthew Gogola-D</u><br/>6:30 Bridge-L</p>           | <p>8</p> <p>10:00 Coffee Social - L<br/>10:30 Music &amp; Movement - E<br/><u>1:00 Wii Games —E</u><br/>1:00 Dominos-L<br/>1:00 Farkle Game - C<br/>2:00 Whist-C<br/><u>2:30 Carol Sing with Peggy-D</u><br/><u>3:15 Holiday Film Fest—D</u><br/><u>"Charting Christmas" Documentary</u><br/>6:30 Bingo—D</p>            |
| <p>9</p> <p>10:30 Coffee Social - L<br/>3:30 Music &amp; Movement—E<br/><u>5:00 Holiday Lights with a Live Nativity &amp; Calver's Outing (IL)</u><br/>6:30 Pinochle - C</p> | <p>10</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:30 "Stars &amp; Stripes" Fitness DVD - E</u><br/><u>10:00 Cub &amp; Target Trips (IL&amp; AL)</u><br/>10:30 Coffee Social - L<br/><u>10:30 New DIY Handworks—C</u><br/>1:00 Rummikub Club- L<br/>1:30 Bingo - D<br/>6:30 Hand &amp; Foot—C<br/>6:30 500 Club—L</p>                | <p>11</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:00-3:00 Appointment Runs</u><br/><u>9:30 Challenge Fitness-E (with Instructor)</u><br/><u>10:30-10:50 Blood Pressure Clinic &amp; Balance Assessment - C &amp; D</u><br/>10:30 Coffee Social - L<br/><u>2:30 Educational Session—Speaker-D</u><br/><u>"Get Up &amp; Move in 2009 Its Time to Revive Your Spark"</u><br/><small>Presented by Jessica Benglund</small><br/>6:30 500 &amp; Bridge - L<br/>6:30 Hand &amp; Foot Cards—L<br/><u>7:30 Bible Browser's Study-D</u></p> | <p>12</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:00-3:00 Appointment Runs</u><br/><u>9:30 "Chair Yoga" Fitness DVD - E</u><br/>10:30 Coffee Social - L<br/>12:00 Pinochle - L<br/>1:00 7up &amp; 7down Cards —C<br/>3:00 Cribbage-C<br/><u>4:00 Catholic Communion/Rosary - E</u><br/>6:30 500, Bridge &amp; Pinochle - L/D<br/>6:30 Skip-bo, Hand &amp; Foot &amp; Dominoes —C<br/>7:30 500—C</p>                                     | <p>13</p> <p>8:15 Early Music &amp; Movement - E<br/>9:30 Music Fitness —E<br/>10:30 Coffee Social - L<br/>1:00 Farkle Game - C<br/>3:00 Cribbage-C<br/>6:30 500 &amp; 7up &amp; 7down Cards —C</p>   | <p>14</p> <p>8:15 Early Music &amp; Movement-E<br/><u>&gt;9:30 DVD Music in Motion —E</u><br/>10:30 Coffee Social- L<br/><u>11:30 Senior to Senior Concert Outing at Irondale (IL &amp; AL)</u><br/><u>2:00 Bring a Guest — Happy Hour-D</u><br/><u>2:30 Music of the Entertainers - D</u><br/>6:30 Bridge-L</p> | <p>15</p> <p>10:00 Coffee Social - L<br/>10:30 Music &amp; Movement - E<br/>1:00 Dominos-L<br/>1:00 Farkle Game - C<br/><u>12:00 (\$\$)Outing to Prance at the Lyric Art in Anoka</u><br/>2:00 Whist-C<br/>6:30 Bingo—D</p>  |
| <p>16</p> <p>10:30 Coffee Social - L<br/>2:30 Music &amp; Movement-E<br/>6:30 Pinochle - C</p>   | <p>17</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:30 "Stars &amp; Stripes" Fitness DVD - E</u><br/><u>10:00 Cub &amp; Target Trips (IL&amp; AL)</u><br/>10:30 Coffee Social - L<br/><u>10:30 New DIY Handworks—C</u><br/>1:00 Rummikub Club- L<br/>1:30 Bingo - D<br/>6:30 Hand &amp; Foot—C<br/>6:30 500 Club—L</p>                | <p>18</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:00-3:00 Appointment Runs</u><br/><u>9:30 Challenge Fitness-E (with Instructor)</u><br/><u>10:30-10:50 Blood Pressure Clinic - C &amp; D</u><br/>10:30 Coffee Social - L<br/><u>2:00 Coffee Connection —D</u><br/><u>2:30 Educational Session—Speaker-D</u><br/><u>Christmas at the Country Church</u><br/><small>Presented by Photographer Doug Ohman</small><br/>6:30 500 &amp; Bridge - L<br/>6:30 Hand &amp; Foot Cards—L<br/><u>7:00 Partners in Prayer - C</u></p>         | <p>19</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:00—3:00 Appointment Runs</u><br/><u>9:30 "Chair Yoga" Fitness DVD - E</u><br/>10:30 Coffee Social - L<br/>12:00 Pinochle - L<br/>1:00 7up &amp; 7down Cards —C<br/>3:00 Cribbage-C<br/><u>4:00 Catholic Communion/Rosary - E</u><br/><u>4:45 Birthday Dinner - D</u><br/>6:30 500, Bridge &amp; Pinochle - L/D<br/>6:30 Skip-bo, Hand &amp; Foot &amp; Dominoes —C<br/>7:30 500—C</p> | <p>20</p> <p>8:15 Early Music &amp; Movement - E<br/>9:30 Music Fitness —E<br/><u>TBA Rosedale Run Shopping or Show (IL &amp; AL)</u><br/>10:30 Coffee Social - L<br/>1:00 Farkle Game - C<br/>3:00 Cribbage-C<br/>6:30 500 &amp; 7up &amp; 7down Cards —C</p>  | <p>21</p> <p>8:15 Early Music &amp; Movement-E<br/><u>&gt;9:30 DVD Music in Motion —E</u><br/>10:30 Coffee - L<br/><u>2:00 Bring a Guest — Happy Hour-D</u><br/><u>2:30 Guitar Music by Tony Garry</u><br/>6:30 Bridge-L</p>   | <p>22</p> <p>10:00 Coffee Social - L<br/>10:30 Music &amp; Movement - E<br/>1:00 Dominos-L<br/>1:00 Farkle Game - C<br/><u>1:00 Wii Games —E</u><br/>2:00 Whist-C<br/><u>2:00 Holiday Film Fest—D</u><br/><u>"Christmas Choir" 2009 Release</u><br/><u>"One Christmas Eve" 2014 Release</u><br/>&gt;&gt;6:30 Bingo—D</p> |
| <p>23</p> <p>10:30 Coffee Social - L<br/>2:30 Music &amp; Movement-E<br/>6:30 Pinochle - C</p>   | <p>24</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:30 "Stars &amp; Stripes" Fitness DVD - E</u><br/>10:30 Coffee Social - L<br/>1:30 Bingo - D<br/>1:00 Rummikub Club- L<br/>6:30 Hand &amp; Foot—C<br/>6:30 500 Club—L</p>  | <p><b>25th Merry Christmas</b></p> <p>8:15 Early Music &amp; Movement - E<br/><u>12:00 Christmas Dinner-D</u><br/>10:30 Coffee Social - L<br/>6:30 500 &amp; Bridge - L<br/>6:30 Hand &amp; Foot Cards—L</p>  | <p>26</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:00—3:00 Appointment Runs</u><br/><u>9:30 "Chair Yoga" Fitness DVD - E</u><br/>10:30 Coffee Social - L<br/>12:00 Pinochle - L<br/>1:00 7up &amp; 7down Cards —C<br/>3:00 Cribbage-C<br/><u>4:00 Catholic Communion/Rosary - E</u><br/>6:30 500, Bridge &amp; Pinochle - L/D<br/>6:30 Skip-bo, Hand &amp; Foot &amp; Dominoes —C<br/>7:30 500—C</p>                                     | <p>27</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:15 (\$\$) Norway House Gingerbread Holiday Event Lunch Outing (AL&amp;IL)</u><br/>9:30 Music Fitness —E<br/>10:30 Coffee Social - L<br/>1:00 Farkle Game - C<br/>3:00 Cribbage-C<br/>6:30 500 &amp; 7up &amp; 7down Cards —C</p>  | <p>28</p> <p>8:15 Early Music &amp; Movement-E<br/><u>9:30 Challenge Fitness-E (with Instructor)</u><br/>10:30 Coffee Social- L<br/><u>2:00 Bring a Guest — Happy Hour-D</u><br/><u>2:30 Seasonal Music by Bill Cagley-D</u><br/>6:30 Bridge-L</p>   | <p>29</p> <p>10:00 Coffee Social - L<br/>10:30 Music &amp; Movement - E<br/>1:00 Dominos-L<br/>1:00 Farkle Game - C<br/><u>1:00 Wii Games —E</u><br/>2:00 Whist-C<br/><u>2:00 Holiday Film Fest—D</u><br/><u>"Lucky Christmas" 2015 Release</u><br/><u>"Trading Christmas" 2012 Release</u><br/>6:30 Bingo—D</p>         |
| <p>30</p> <p>10:30 Coffee Social - L<br/>2:30 Music &amp; Movement-E<br/>6:30 Pinochle - C</p>   | <p>31</p> <p>8:15 Early Music &amp; Movement - E<br/><u>9:30 "Stars &amp; Stripes" Fitness DVD - E</u><br/><u>10:00 Cub &amp; Target Trips (IL&amp; AL)</u><br/>10:30 Coffee Social - L<br/>1:00 Rummikub Club- L<br/><u>1:30 New Years Eve Themed Bingo Event- D</u><br/>6:30 Hand &amp; Foot—C<br/>6:30 500 Club—L</p>                    | <p><b>New Year's Eve</b></p> <p>B I N G O</p>   | <p>Key<br/>BD Brightondale AL<br/>D Dining Area/Veranda<br/>C Craft Room<br/>E Exercise Room<br/>L Library Room<br/>\$ Need Money for Outing or Event</p>   | <p>\$\$ Billable Outing<br/>R—Reflection<br/>IL—Independent Living<br/>AL Assisted Living<br/>Outing or Specials<br/>TBA To Be Announced<br/>P Patio Lo Lobby ( ) FYI</p>   | <p><b>Changes to this calendar will be posted on the Daily Activity Sheets</b></p> <p>~<br/><b>Thank You</b></p>   |  |