

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Changes to this calendar will be posted on the Daily Activity Sheets ~ Thank You

February 2019



1 8:15 Early Music & Movement-E
9:30 Challenge Fitness-E (with Instructor)
 10:30 Coffee Social- L
1:15 Walk over to BD for Confessions with Father
2:00 Winter Mass at BD
 6:30 Bridge-L

2 10:00 Coffee Social - L
 10:30 Music & Movement - E
1:00 Wii Games -E
 1:00 Dominos-L
 1:00 Farkle Game - C
 2:00 Whist-C
3:15 Film Fest-D
 "I, Tonya" New 2017 Release
 Drama -Biography
 6:30 Bingo -D

3 10:30 Coffee Social - L
 2:30 Music & Movement—E
5:30 Super Bowl -D
 6:30 Pinochle - C

4 8:15 Early Music & Movement - E
9:30 "Stars & Stripes" Fitness DVD - E
10:00 Cub & Target Trips
 10:30 Coffee Social - L
 1:00 Rummikub Club- L
 1:30 Bingo - D
 6:30 Hand & Foot—C
 6:30 500 Club -L

5 8:15 Early Music & Movement - E
9:00-3:00 Appointment Runs
9:30 Challenge Fitness-E (with Instructor)
10:00 Coffee with the Cops -D
10:30-10:50 Blood Pressure Clinic & Balance Assessment - C & D
 10:30 Coffee Social - L
2:30 Educational Session -Speaker-D
"What & Why of Dog Therapy"
Presented by Holly Schultz, aSugarcare of Therapy Dogs International
 6:30 500 & Bridge - L
 6:30 Hand & Foot Cards—L
7:00 Partners in Prayer - C

6 8:15 Early Music & Movement - E
9:00-3:00 Appointment Runs
9:30 "Chair Yoga" Fitness DVD - E
 10:30 Coffee Social - L
 12:00 Pinochle - L
 >1:00 Cribbage-C
 1:00 7up & 7down Cards -C
2:45 Cyber Seniors -D
4:00 Catholic Communion/Rosary - E
 6:30 500, Bridge & Pinochle - L/D
 6:30 Skip-bo, Hand & Foot & Dominos -C
 7:30 500 -C

7 8:15 Early Music & Movement - E
 9:30 Music Fitness -E
 10:30 Coffee Social - L
11:45 Bonus BINGO -D
12:15 Water Fitness Outing (IL & AL)
 1:00 Farkle Game - C
2:00 Resident Forum -D
3:00 New Residents' Welcome-C
 3:00 Cribbage-C
6:00 Walkover Memory Care -Support Group (IL)
 6:30 500 & 7up & 7down Cards -C

8 8:15 Early Music & Movement-E
9:30 Challenge Fitness-E (with Instructor)
10:00 (\$) Ladies' "Red Lobster" Lunch (AL & IL)
 10:30 Coffee Social- L
2:00 Bring a Guest - Happy Hour-D
2:30 Joe Ahem - D
 6:30 Bridge-L

9 10:00 Coffee Social - L
 10:30 Music & Movement - E
 1:00 Dominos-L
 1:00 Farkle Game - C
 2:00 Whist-C
2:00 Film Fest-D
"Midnight in Paris"
 2011 Release Comedy
4:00 Korean Drumming Presentation-S
 6:30 Bingo -D

10 10:30 Coffee Social - L
 2:30 Music & Movement-E
 6:30 Pinochle -C

11 8:15 Early Music & Movement - E
9:30 "Stars & Stripes" Fitness DVD - E
10:00 Cub & Target Trips (IL & AL)
 10:30 Coffee Social - L
10:30 DIY Handworks -C
 1:00 Rummikub Club- L
 1:30 Bingo - D
 6:30 Hand & Foot—C
 6:30 500 Club -L

12 8:15 Early Music & Movement - E
9:00-3:00 Appointment Runs
9:30 "Music Movement" Fitness DVD - E
 10:30 Coffee Social - L
10:30-10:50 Blood Pressure Clinic - C & D
2:30 Educational Session -DVD-D
"Explore the World" Part 1
 6:30 500 & Bridge - L
 6:30 Hand & Foot Cards—L
7:30 Bible Browser's Study-D

13 8:15 Early Music & Movement - E
9:00-3:00 Appointment Runs
9:30 "Chair Yoga" Fitness DVD - E
 10:30 Coffee Social - L
 12:00 Pinochle - L
 >1:00 Cribbage-D
 1:00 7up & 7down Cards -C
2:45 Cyber Seniors End of Season Party-D
4:00 Catholic Communion/Rosary - E
 6:30 500, Bridge & Pinochle - L/D
 6:30 Skip-bo, Hand & Foot & Dominos -C
 7:30 500 -C

14 Valentines' Day
 8:15 Early Music & Movement - E
 9:30 Music Fitness -E
 10:30 Coffee Social - L
12:15 Water Fitness Outing (IL & AL)
 1:00 Farkle Game - C
2:30 Party & Coronation-D
 3:00 Cribbage-C
 6:30 500 & 7up & 7down Cards -C

15 8:15 Early Music & Movement-E
9:30 Challenge Fitness-E (with Instructor)
10:45 (\$) Global "Outback" Lunch (AL & IL)
 10:30 Coffee - L
2:00 Happy Hour-D
2:30 Crosswords -D
 6:30 Bridge-L

16 10:00 Coffee Social - L
 10:30 Music & Movement - E
 1:00 Dominos-L
 1:00 Farkle Game - C
 2:00 Whist-C
2:30 Hymn Sing with Peggy-D
 6:30 Bingo -D

17 10:30 Coffee Social - L
 2:30 Music & Movement-E
2:30 MN Community Youth Ensemble-D
 6:30 Pinochle -C

18 8:15 Early Music & Movement - E
9:30 "Stars & Stripes" Fitness DVD - E
10:00 Cub & Target Trips (IL & AL)
 10:30 Coffee Social - L
1:00 Rummikub Club- L
1:00-3:00 Extra Appointment & North Errands Runs
 1:30 Bingo - D
 6:30 Hand & Foot—C
 6:30 500 Club -L

19 8:15 Early Music & Movement - E
9:00-3:00 Appointment Runs
9:30 Challenge Fitness-E (with Instructor)
10:30-10:50 Blood Pressure Clinic & Balance Assessment - C & D
 10:30 Coffee Social - L
2:30 Educational Session -Speaker-D
"Global World"
Phase 2- Ted Talk & more Presented by Su Stigney
 6:30 500 & Bridge - L
 6:30 Hand & Foot Cards—L
7:00 Partners in Prayer - C

20 8:15 Early Music & Movement - E
9:30 "Chair Yoga" Fitness DVD - E
10:00 Outing to "Holiday Inn" at the Chanhassen (AL & IL)
 10:30 Coffee Social - L
 12:00 Pinochle - L
 1:00 7up & 7down Cards -C
 3:00 Cribbage-C
4:00 Catholic Communion/Rosary - E
4:45 Birthday Dinner - D
 6:30 500, Bridge & Pinochle - L/D
 6:30 Skip-bo, Hand & Foot & Dominos -C
 7:30 500 -C

21 >>>9-12 Appointment Runs
 8:15 Early Music & Movement - E
 9:30 Music Fitness -E
 10:30 Coffee Social - L
11:45 Bonus BINGO -D
12:15 Bonus Fitness Outing & (\$)Men's "Golden Corral" Outing (AL & IL)
 1:00 Farkle Game - C
 3:00 Cribbage-C
 6:30 500 & 7up & 7down Cards -C

22 8:15 Early Music & Movement-E
9:30 Challenge Fitness-E (with Instructor)
 10:30 Coffee Social- L
2:00 Happy Hour-D
2:30 Music of Lady Di & Accompaniment- D
 6:30 Bridge-L

23 10:00 Coffee Social - L
 10:30 Music & Movement - E
 1:00 Dominos-L
 1:00 Farkle Game - C
1:00 Wii Games -E
 2:00 Whist-C
2:00 Film Fest-D
"Les Miserable 2012 Release
 Classic Musical/Drama
 6:30 Bingo -D

24 10:30 Coffee Social - L
 2:30 Music & Movement-E
 6:30 Pinochle -C

25 8:15 Early Music & Movement - E
9:30 "Stars & Stripes" Fitness DVD - E
10:00 Cub & Target Trips (IL & AL)
 10:30 Coffee Social - L
10:30 DIY Handworks -C
 1:00 Rummikub Club- L
 1:30 Bingo - D
 6:30 Hand & Foot—C
 6:30 500 Club -L

26 8:15 Early Music & Movement - E
9:00-3:00 Appointment Runs
9:30 Challenge Fitness-E (with Instructor)
10:30-10:50 Blood Pressure Clinic - C & D
 10:30 Coffee Social - L
Educational Session -Speaker-D
1:30 Maintenance Review
2:00 Food Forums
2:30 Leisure Planning
 6:30 500 & Bridge - L
 6:30 Hand & Foot Cards—L
7:30 Bible Browser's Study-D

27 8:15 Early Music & Movement - E
9:00-3:00 Appointment Runs
9:30 "Chair Yoga" Fitness DVD - E
 10:30 Coffee Social - L
 12:00 Pinochle - L
 1:00 7up & 7down Cards -C
 3:00 Cribbage-C
4:00 Catholic Communion/Rosary - E
 6:30 500, Bridge & Pinochle - L/D
 6:30 Skip-bo, Hand & Foot & Dominos -C
 7:30 500 -C

28 8:15 Early Music & Movement - E
 9:30 Music Fitness -E
 10:30 Coffee Social - L
11:00 Rosedale Run Shopping or Show (IL & AL)
 1:00 Farkle Game - C
1:30 Dog Therapy Group Visit- L (Photo Opportunity)
 3:00 Cribbage-C
4:30 Elegant Dinner -D
 6:30 500 & 7up & 7down Cards -C

KEY
 BD -Brightondale AL
 D -Dining Area/Veranda
 C - Craft Room
 E - Exercise Room
 L - Library Room
 \$ - Need Money for Outing or Even
 \$\$\$ - Billable Outing
 R -Reflection
 IL -Independent Living
 AL -Assisted Living
 - -Outing or Specials
 TBA -To Be Announced
 P -Patio Lo -Lobby () FY!

