

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

*Changes to this calendar will be posted on the Daily Activity Sheets ~ Thank You*



# MARCH 2019



MEADOWOOD SHORES  
A SILVERCREST COMMUNITY

BD Brightondale AL  
D Dining Area/Veranda  
C Craft Room  
E Exercise Room  
L Library Room  
\$ Need Money for Outing or Event  
\$\$ Billable Outing  
R-Reflection  
IL-Independent Living  
AL Assisted Living  
Outing or Specials  
TBA To Be Announced  
P Patio Lo Lobby ( ) FYI

KEY



1  
8:15 Early Music & Movement-E  
9:30 Challenge Fitness-E  
*(with Instructor)*  
10:30 Coffee Social- L  
10:00 (\$)Outing to the Arboretum's "Passport to Spring Flower Show" & Lunch (AL & IL)  
2:00 Happy Hour -D  
2:30 Crosswords -D  
6:30 Bridge-L

2  
10:00 Coffee Social - L  
10:30 Music & Movement - E  
1:00 Wii Games -E  
1:00 Dominos-L  
1:00 Farkle Game - C  
2:00 Film Fest-D  
"Pick of the Litter"  
2018 Release  
Documentary  
2:00 Whist-C  
6:30 Bingo -D

3  
10:30 Coffee Social - L  
2:30 Music & Movement-E  
6:30 Pinochle - C

4  
8:15 Early Music & Movement - E  
9:30 "Stars & Stripes" Fitness DVD -E  
10:00 Cub & Target Trips (IL& AL)  
10:30 Coffee Social - L  
1:00 Rummikub Club- L  
1:30 Bingo - D  
6:30 Hand & Foot-C  
6:30 500 Club -L

5  
8:15 Early Music & Movement - E  
9:00-3:00 Appointment Runs  
9:30 Challenge Fitness-E (with Instructor)  
10:30 Coffee with the Cops -D  
10:30-10:50 Blood Pressure Clinic - C & D  
10:30 Coffee Social - L  
2:30 Educational Session -Speaker-D "Global World"  
Phase 2- Test Talk & more Presented by Su Stigney  
6:30 500 & Bridge - L  
6:30 Hand & Foot Cards-L  
7:00 Partners in Prayer - C

6 Ash Wednesday  
8:15 Early Music & Movement - E  
9:00-3:00 Appointment Runs  
9:30 "Chair Yoga" Fitness DVD - E  
10:30 Coffee Social - L  
12:00 Pinochle - L  
1:00 7up & 7down Cards -C  
3:00 Cribbage-C  
4:00 Catholic Communion/Rosary - E  
6:30 500, Bridge & Pinochle - L/D  
6:30 Skip-bo, Hand & Foot & Dominoes -C  
7:30 500 -C

7 8:15 Early Music & Movement - E  
8:45 (\$) Men's Breakfast Outing (AL & IL)  
9:30 Music Fitness -E  
10:30 Coffee Social - L  
11:00 Rosedale Run (IL & AL)  
11:45-12:45 Bonus BINGO -D  
1:00 Farkle Game - C  
2:00 Resident Forum -D  
3:00 New Residents' Welcome-C  
3:00 Cribbage-E  
6:00 Walkover Memory Care Support Group (IL)  
6:30 500 & 7up & 7down Cards -C

8  
8:15 Early Music & Movement-E  
9:30 Challenge Fitness-E  
*(with Instructor)*  
10:45 (\$) Global "Claddagh" Lunch (AL & IL)  
10:30 Coffee Social- L  
2:00 Bring a Guest - Happy Hour-D  
2:30 Jeff Brueske-D  
4:00 Stations of the Cross-E  
6:30 Bridge-L

9  
10:00 Coffee Social - L  
10:30 Music & Movement - E  
1:00 Dominos-L  
1:00 Farkle Game - C  
2:00 Whist-C  
2:00 Film Fest-D  
"In the Footsteps of St. Patrick"  
2017 Release  
Documentary -Biography-Music  
6:30 Bingo -D

10  
**Spring Forward**  
  
Daylight Savings Time begins Sunday  
10:30 Coffee Social - L  
2:30 Music & Movement-E  
6:30 Pinochle -C


11  
8:15 Early Music & Movement - E  
9:30 "Stars & Stripes" Fitness DVD -E  
10:00 Cub & Target Trips (IL& AL)  
10:30 Coffee Social - L  
10:30 DIY Handworks -C  
1:00 Rummikub Club- L  
1:30 Bingo - D  
6:30 Hand & Foot-C  
6:30 500 Club -L

12  
8:15 Early Music & Movement - E  
9:00-3:00 Appointment Runs  
9:30 "Music Movement" Fitness DVD - E  
10:30 Coffee Social - L  
10:30-10:50 Blood Pressure Clinic - C & D  
2:30 Educational Session- DVD-D "Explore the World" Part 2  
6:30 500 & Bridge - L  
6:30 Hand & Foot Cards-L  
7:30 Bible Browser's Study-D


13  
8:15 Early Music & Movement - E  
9:00-3:00 Appointment Runs  
9:30 "Chair Yoga" Fitness DVD - E  
10:30 Coffee Social - L  
12:00 Pinochle - L  
1:00 7up & 7down Cards -C  
2:00 RESDENTS PHOTO UPDATES-Lo  
3:00 Cribbage-D  
4:00 Catholic Communion/Rosary - E  
6:30 500, Bridge & Pinochle - L/D  
6:30 Skip-bo, Hand & Foot & Dominoes -C  
7:30 500 -C

14  
8:15 Early Music & Movement - E  
9:30 Music Fitness -E  
10:30 Coffee Social - L  
12:00 ( \$\$ ) Outing to Monroe Crossing Center (AL & IL)  
1:00 Farkle Game - C  
3:00 Cribbage-C  
6:30 500 & 7up & 7down Cards -C

15  
8:15 Early Music & Movement-E  
8:30 (\$) Breakfast for a Cause "Ralph Reeder Food Shelf"  
*(with Instructor)*  
9:30 Challenge Fitness-E  
10:30 Coffee - L  
2:00 Happy Hour -D  
2:30 Crosswords -D  
4:00 Stations of the Cross-E  
5:00 Themed Meal "Irish Flavor" - D  
6:30 Bridge-L



16  
10:00 Coffee Social - L  
10:30 Music & Movement - E  
1:00 Dominos-L  
1:00 Farkle Game - C  
2:30 Hymn Sing with Peggy-D  
2:00 Whist-C  
6:30 Bingo -D

17  
**St. Patrick's Day**  
  
10:30 Coffee Social - L  
2:30 Music & Movement-E  
6:30 Pinochle -C

18  
8:15 Early Music & Movement - E  
9:30 "Stars & Stripes" Fitness DVD -E  
10:00 Cub & Target Trips (IL& AL)  
10:30 Coffee Social - L  
10:30 Book Club "A Man Called Ove" -C  
1:00 Rummikub Club- L  
1:30 Bingo - D  
6:30 Hand & Foot-C  
6:30 500 Club -L

19  
8:15 Early Music & Movement - E  
9:00-3:00 Appointment Runs  
9:30 Challenge Fitness-E (with Instructor)  
10:30-10:50 Blood Pressure Clinic & Balance Assessment - C & D  
10:30 Coffee Social - L  
2:30 Educational Session -Speaker-D "More with Dogs..."  
Presented by Holly Schultz & Sugar of Therapy Dogs International  
6:30 500 & Bridge - L  
6:30 Hand & Foot Cards-L

20  
8:15 Early Music & Movement - E  
9:30 "Chair Yoga" Fitness DVD - E  
10:30 Coffee Social - L  
12:00 Pinochle - L  
1:00 7up & 7down Cards -C  
3:00 Cribbage-C  
4:00 Catholic Communion/Rosary - E  
4:45 Birthday Dinner - D  
6:30 500, Bridge & Pinochle - L/D  
6:30 Skip-bo, Hand & Foot & Dominoes -C  
7:30 500 -C

21  
8:15 Early Music & Movement - E  
9:30 Music Fitness -E  
10:45 Courtroom Concert Outing (IL & AL)  
10:30 Coffee Social - L  
11:45-12:45 Bonus BINGO -D  
1:00 Farkle Game - C  
3:00 Cribbage-C  
6:30 500 & 7up & 7down Cards -C

22  
8:15 Early Music & Movement-E  
9:30 Challenge Fitness-E  
*(with Instructor)*  
10:30 Coffee Social- L  
2:00 Happy Hour -D  
2:30 Music of the Plymouth Rockers  
4:00 Stations of the Cross-E  
6:30 Bridge-L

23  
10:00 Coffee Social - L  
10:30 Music & Movement - E  
1:00 Dominos-L  
1:00 Farkle Game - C  
1:00 Wii Games -E  
2:00 Whist-C  
2:00 Film Fest-D  
"Crazy Rich Asian"  
2018 Release Drama-Romance  
6:30 Bingo -D

24  
10:30 Coffee Social - L  
2:30 Music & Movement-E  
6:30 Pinochle -C

31  
10:30 Coffee Social - L  
2:30 Music & Movement-E  
6:30 Pinochle -C

25  
8:15 Early Music & Movement - E  
9:30 "Stars & Stripes" Fitness DVD -E  
10:00 Cub & Target Trips (IL& AL)  
10:30 Coffee Social - L  
10:30 DIY Handworks -C  
1:00 Rummikub Club- L  
12:00-3:00 Extra Appointment & North Errands Runs  
1:30 Bingo - D  
6:30 Hand & Foot-C  
6:30 500 Club -L

26  
8:15 Early Music & Movement - E  
>>9:00-12:00 AM Appointment Runs  
9:30 Challenge Fitness-E (with Instructor)  
10:30-10:50 Blood Pressure Clinic - C & D  
10:30 Coffee Social - L  
2:30 Educational Session -Speaker-D "World Religions" Part 1  
Presented by Nicole Ritchie  
6:30 500 & Bridge - L  
6:30 Hand & Foot Cards-L

27  
8:15 Early Music & Movement - E  
9:00-3:00 Appointment Runs  
9:30 "Chair Yoga" Fitness DVD - E  
10:30 Coffee Social - L  
12:00 Pinochle - L  
1:00 7up & 7down Cards -C  
3:00 Cribbage-C  
4:00 Catholic Communion/Rosary - E  
6:30 500, Bridge & Pinochle - L/D  
6:30 Skip-bo, Hand & Foot & Dominoes -C  
7:30 500 -C

28  
8:15 Early Music & Movement - E  
9:30 Music Fitness -E  
10:00 Bachman's Garden Party Outing at the Galleria & (\$) Lunch (IL)  
10:30 Coffee Social - L  
1:00 Farkle Game - C  
3:00 Cribbage-C  
6:30 500 & 7up & 7down Cards -C

29  
8:15 Early Music & Movement-E  
9:30 Challenge Fitness-E  
*(with Instructor)*  
10:30 Coffee Social- L  
10:45 (\$) Ladies Lunch with Como Spring Flower Stop Outing (AL & IL)  
2:00 Happy Hour -D  
2:30 Crosswords -D  
4:00 Stations of the Cross-F  
6:30 Bridge-L

30  
10:00 Coffee Social - L  
10:30 Music & Movement - E  
1:00 Dominos-L  
1:00 Farkle Game - C  
1:00 Wii Games -E  
2:00 Whist-C  
11:00 Celebration of Nancy Harvey's Life (Time of Fellowship & Worship) from Family-D  
6:30 Bingo -D