

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Changes to this calendar will be posted on the Daily Activity Sheets ~ Thank You</p>	<p>1 8:15 Early Music & Movement - E 9:30 "Stars & Stripes" Fitness DVD - E 10:00 Cub & Target Trips (IL & AL) 10:30 Coffee Social - L 1:00 Rummikub Club- L 1:30 Bingo - D 6:30 Hand & Foot—C 6:30 500 Club —L</p>	<p>2 8:15 Early Music & Movement - E 9:00-3:00 Appointment Runs 9:30 Challenge Fitness-E (with Instructor) 10:30 Coffee with the Cops—D 10:30-10:50 Blood Pressure Clinic - C & D 2:30 Educational Session –Speaker-D "They Choose MN" Presented by Photographer Doug Ohman 6:30 500 & Bridge - L 6:30 Hand & Foot Cards—L 7:00 Partners in Prayer - C</p>	<p>3 8:15 Early Music & Movement - E 9:00-3:00 Appointment Runs 9:30 "Chair Yoga" Fitness DVD - E 10:30 Coffee Social - L 12:00 Pinochle - L 1:00 7up & 7down Cards —C 2:45 Walkover Ecumenical Communion at BD 3:00 Cribbage-C 4:00 Catholic Communion/Rosary - E 6:30 500, Bridge & Pinochle - L/D 6:30 Skip-bo, Hand & Foot & Dominos —C 7:30 500 —C</p>	<p>4 8:15 Early Music & Movement - E 9:30 Music Fitness —E 10:30 Coffee Social - L 1:00 Farkle Game - C 2:00 Resident Forum —D 3:00 New Residents' Welcome—C 3:00 Cribbage-E 6:00 (\$\$) Outing to the MV Chalkboard Capers (AL & IL) 6:00 Walkover Memory Care Support Group (IL) 6:30 500 & 7up & 7down Cards —C</p>	<p>5 8:15 Early Music & Movement-E 9:30 Challenge Fitness-E (with Instructor) 10:30 Coffee Social- L 2:00 Bring a Guest ~ Happy Hour-D 2:30 Guitar Music with Mary Franz-D 4:00 Stations of the Cross-E 6:30 Bridge-L</p>	<p>6 10:00 Coffee Social - L 10:30 Music & Movement - E 1:00 Wii Games —E 1:00 Dominos-L 1:00 Farkle Game - C 2:00 Film Fest—D "The Ultimate Gift" 2006 Release Inspiring Documentary 2:00 Whist-C 6:30 Bingo —D</p>	
<p>7 10:30 Coffee Social - L 2:30 Music & Movement—E 6:30 Pinochle - C</p>	<p>8 8:15 Early Music & Movement - E 9:30 "Stars & Stripes" Fitness DVD - E 10:00 Cub & Target Trips (IL & AL) 10:30 Coffee Social - L 10:30 DIY Handworks —C 1:00 Rummikub Club- L 1:30 Bingo - D 6:30 Hand & Foot—C 6:30 500 Club —L</p>	<p>9 8:15 Early Music & Movement - E 9:00-3:00 Appointment Runs 9:30 Challenge Fitness-E (with Instructor) 10:30 Coffee Social - L 10:30-10:50 Blood Pressure Clinic - C & D 2:30 Educational Session—DVD—D "Explore the World" Part 3 6:30 500 & Bridge - L 6:30 Hand & Foot Cards—L 7:30 Bible Browser's Study-D</p>	<p>10 8:15 Early Music & Movement - E 9:00—3:00 Appointment Runs 9:30 "Chair Yoga" Fitness DVD - E 10:30 Coffee Social - L 12:00 Pinochle - L 1:00 7up & 7down Cards —C 3:00 Cribbage-D 4:00 Catholic Communion/Rosary - E 6:30 500, Bridge & Pinochle - L/D 6:30 Skip-bo, Hand & Foot & Dominos —C 7:30 500 —C</p>	<p>11 8:15 Early Music & Movement - E 9:30 Music Fitness —E 9:45 (\$) ART in Bloom at MIA Outing (AL & IL) 10:30 Coffee Social - L 11:45—12:45 Bonus BINGO —D 1:00 Farkle Game - C 3:00 Cribbage-C 6:30 500 & 7up & 7down Cards —C</p>	<p>12 8:15 Early Music & Movement-E 9:30 Challenge Fitness-E (with Instructor) 10:30 Coffee Social- L 12:30 Highview Speeches followed by Root Beer Floats —D 4:00 Stations of the Cross-E 6:30 Bridge-L</p>	<p>13 10:00 Coffee Social - L 10:30 Music & Movement - E 1:00 Dominos-L 1:00 Farkle Game - C 2:00 Whist-C 2:00 Film Fest—D "The Ultimate life" 2013 Release Inspiring Documentary 6:30 Bingo —D</p>	
<p>14 10:30 Coffee Social - L 2:30 Music & Movement-E 6:30 Pinochle - C</p>	<p>15 8:15 Early Music & Movement - E 9:30 "Stars & Stripes" Fitness DVD - E 10:00 Cub & Target Trips (IL & AL) 10:30 Coffee Social - L 10:30 Book Club "A Man Called Ove"—C 1:00 Rummikub Club- L 1:30 Bingo - D 6:30 Hand & Foot—C 6:30 500 Club —L</p>	<p>16 8:15 Early Music & Movement - E 9:00-3:00 Appointment Runs 9:30 Challenge Fitness-E (with Instructor) 10:30-10:50 Blood Pressure Clinic & Balance Assessment - C & D 10:30 Coffee Social - L 3:00 Educational Session –Speaker-C "More with Dogs..." Presented by Holly Schultz & Sugar of Therapy Dogs International 6:30 500 & Bridge - L 6:30 Hand & Foot Cards—L 7:00 Partners in Prayer - C</p>	<p>17 8:15 Early Music & Movement - E 9:30 "Chair Yoga" Fitness DVD - E 10:30 Coffee Social - L 12:00 Pinochle - L 1:00 7up & 7down Cards —C 2:45 Walkover Ecumenical Communion at BD 3:00 Cribbage-C 4:00 Catholic Communion/Rosary - E 4:45 Birthday Dinner - D 6:30 500, Bridge & Pinochle - L/D 6:30 Skip-bo, Hand & Foot & Dominos —C 7:30 500 —C</p>	<p>18 8:15 Early Music & Movement - E 9:30 Music Fitness —E 10:30 Coffee Social - L 1:00 Farkle Game - C 1:30 Historical Presentation Outing "Bell Lumber & Pole Co." (AL & IL) 3:00 Cribbage-C 6:30 500 & 7up & 7down Cards —C</p>	<p>19 GOOD FRIDAY 8:15 Early Music & Movement-E 9:30 Music Fitness —E 9:30 Easter Egg Coloring-C 10:30 Coffee - L 11:00 Good Friday Fellowship-D 2:00 Bring a Guest ~ Happy Hour-D 2:30 Piano Music with Don Irwin-D 4:00 Stations of the Cross-E 6:30 Bridge-L</p>	<p>20 10:00 Coffee Social - L 10:30 Music & Movement - E 1:00 Wii Games —E 1:00 Dominos-L 1:00 Farkle Game - C 2:30 Hymn Sing with Peggy-D 2:00 Whist-C 6:30 Bingo —D</p>	
<p>21 EASTER 10:30 Coffee Social - L 12:00 Easter Holiday Meal—D 2:30 Music & Movement-E 6:30 Pinochle - C</p> 	<p>22 8:15 Early Music & Movement - E 9:30 "Stars & Stripes" Fitness DVD - E 10:00 Cub & Target Trips (IL & AL) 10:30 Coffee Social - L 10:30 DIY Handworks —C 12:00-3:00 South Errands Runs 1:00 Rummikub Club- L 1:30 Bingo - D 6:30 Hand & Foot—C 6:30 500 Club —L</p>	<p>23 8:15 Early Music & Movement - E 9:00-3:00 Appointment Runs 9:30 Challenge Fitness-E (with Instructor) 10:30-10:50 Blood Pressure Clinic - C & D 10:30 Coffee Social - L 2:30 Educational Session –speaker-D "Rare Place, Rare Wildlife" Presented by Melonie Shipman Traveling Naturalist 6:30 500 & Bridge - L 6:30 Hand & Foot Cards—L 7:30 Bible Browser's Study-D</p>	<p>24 8:15 Early Music & Movement - E 9:00—3:00 Appointment Runs 9:30 "Chair Yoga" Fitness DVD - E 10:30 Coffee Social - L 12:00 Pinochle - L 1:00 7up & 7down Cards —C 3:00 Cribbage-C 4:00 Catholic Communion/Rosary - E 6:30 500, Bridge & Pinochle - L/D 6:30 Skip-bo, Hand & Foot & Dominos —C 7:30 500 —C</p>	<p>25 8:15 Early Music & Movement - E 9:30 Music Fitness —E 10:30 Coffee Social - L 10:45 Courtroom Concert with Lunch At M Street Outing (IL & AL) 11:45—12:45 Bonus BINGO —D 1:00 Farkle Game - C 3:00 Cribbage-C 6:30 500 & 7up & 7down Cards —C</p>	<p>26 8:15 Early Music & Movement-E 8:45 (\$) Men's Breakfast Outing (AL & IL) 9:30 Challenge Fitness-E (with Instructor) 10:30 Coffee Social- L 10:45 (\$) Ladies' Lunch Outing (AL & IL) 2:00 Bring a Guest ~ Happy Hour-D 2:30 Key Board Music with Jim Berner-D 6:30 Bridge-L</p>	<p>27 10:00 Coffee Social - L 10:30 Music & Movement - E 12:00 Our Volunteers' Thank You Luncheon —D 1:00 Dominos-L 1:00 Farkle Game - C 2:00 Whist-C 2:00 Film Fest—D "The Ultimate Legacy" 2015 Release Inspiring Documentary 6:30 Bingo —D</p>	
<p>28 10:30 Coffee Social - L 2:30 Music & Movement-E 6:30 Pinochle - C</p>	<p>29 8:15 Early Music & Movement - E 9:30 "Stars & Stripes" Fitness DVD - E 10:00 Cub & Target Trips (IL & AL) 10:30 Coffee Social - L 1:00 Rummikub Club- L 1:30 Bingo - D 6:30 Hand & Foot—C 6:30 500 Club —L</p>	<p>30 8:15 Early Music & Movement - E 9:00-3:00 Appointment Runs 9:30 Challenge Fitness-E (with Instructor) 10:30-10:50 Blood Pressure Clinic - C & D 10:30 Coffee Social - L >>1:30 Educational Session –DVD-D "Glen Campbell" 2018 Documentary 6:30 500 & Bridge - L 6:30 Hand & Foot Cards—L 7:30 Bible Browser's Study-D</p>	 <p>MEADOWOOD SHORES A SILVERCREST COMMUNITY</p>				<p>KEY BD Brightondale AL D Dining Area/Veranda C Craft Room E Exercise Room L Library Room \$ Need Money for Outing or Event \$\$ Billable Outing R—Reflection IL—Independent Living AL Assisted Living Outing or Specials TBA To Be Announced P Patio Lo Lobby () FYI</p>