

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Changes to this calendar will be posted on the Daily Activity Sheets ~ Thank You



1
8:15 Early Music & Movement - E
9:00-3:00 [Appointment Runs](#)
9:30 "Chair Yoga" Fitness DVD - E
10:30 Coffee Social - L
12:00 Pinochle - L
1:00 7up & 7down Cards -C
2:45 Walkover Ecumenical Communion at BD
3:00 Cribbage-C
4:00 Catholic Communion/Rosary - E
6:30 500, Bridge & Pinochle - L/D
6:30 Skip-bo, Hand & Foot & Dominoes -C
7:30 500 -C

2
8:15 Early Music & Movement - E
8:45 (\$) Men's Breakfast Outing (AL & L)
9:30 Music Fitness -E
10:30 Coffee Social - L
1:00 Farkle Game -C
2:00 Resident Forum -D
3:00 New Residents' Welcome-C
3:00 Cribbage-E
6:00 Walkover Memory Care Support Group (L)
6:30 500 & 7up & 7down Cards -C

3
8:15 Early Music & Movement-E
9:30 Challenge Fitness-E (with Instructor)
10:30 Coffee Social-L
2:00 Bring a Guest ~ Happy Hour-D
2:30 Guitar Music with Roy Holdren -D
6:30 Bridge-L

4
10:00 Coffee Social - L
10:30 Music & Movement - E
1:00 Wii Games -E
1:00 Dominos-L
1:00 Farkle Game - C
2:00 Film Fest-D "Mother's Day"
2016 Release Drama/Romance
2:00 Whist-C
6:30 Bingo -D

5
10:30 Coffee Social - L
2:30 Music & Movement-E
6:30 Pinochle - C

6
8:15 Early Music & Movement - E
9:30 "Stars & Stripes" Fitness DVD - E
10:00 Cub & Target Trips (IL & AL)
10:30 Coffee Social - L
11:00 SENIOR PHOTO SHOOT -D
1:00 Rummikub Club- L
1:30 Bingo - D
6:30 Hand & Foot-C
6:30 500 Club -L

7 8:15 Early Music & Movement - E
9:00-3:00 [Appointment Runs](#)
9:30 Challenge Fitness-E (with Instructor)
10:30 Coffee with the Cops -D
10:30-10:50 Blood Pressure Clinic - C & D
Educational Session -Speaker-D
>1:30 Maintenance Review
>2:00 Food Focus
>2:45 Leisure Planning Presented by Department Heads
6:30 500 & Bridge - L
6:30 Hand & Foot Cards-L
7:00 Partners in Prayer - C

8
8:15 Early Music & Movement - E
9:00-3:00 [Appointment Runs](#)
9:30 "Chair Yoga" Fitness DVD - E
10:30 Coffee Social - L
12:00 Pinochle - L
1:00 7up & 7down Cards -C
3:00 Cribbage-C
4:00 Catholic Communion/Rosary - E
6:30 500, Bridge & Pinochle - L/D
6:30 Skip-bo, Hand & Foot & Dominoes -C
7:30 500 -C

9
8:15 Early Music & Movement - E
9:30 Music Fitness -E
10:30 Coffee Social - L
10:45 (\$) Ladies' Lunch Outing (AL & L)
11:45-12:45 Bonus BINGO -D
1:00 Farkle Game - C
3:00 Cribbage-C
6:30 500 & 7up & 7down Cards -C

10
8:15 Early Music & Movement-E
9:30 Challenge Fitness-E (with Instructor)
10:30 Coffee Social-L
1:30 Bring a Guest ~ Happy Hour-D
2:00 Piano Music with Dan C.....D
6:30 Bridge-L
6:45 UNW Orchestra with Opera Workshop "Musical Mosaic" (IL & AL)

11
10:00 Coffee Social - L
10:30 Music & Movement - E
1:00 Dominos-L
1:00 Farkle Game - C
2:00 Whist-C
2:00 Film Fest-D "Neither Wolf Nor Dog"
2016 Release Drama
6:30 Bingo -D

12 HAPPY Mother's DAY
10:30 Coffee Social - L
12:00 Mother's Day Lunch-D
2:30 Music & Movement-E
6:30 Pinochle -C

13
8:15 Early Music & Movement - E
9:30 "Stars & Stripes" Fitness DVD - E
10:00 Cub & Target Trips (IL & AL)
10:30 Coffee Social - L
10:30 DIY Handworks -C
1:00 Rummikub Club- L
1:30 Bingo - D
6:30 Hand & Foot-C
6:30 500 Club -L

14 8:15 Early Music & Movement - E
9:00-3:00 [Appointment Runs](#)
9:30 Challenge Fitness-E (with Instructor)
10:30 Coffee Social - L
10:30-10:50 Blood Pressure Clinic - C & D
2:30 Educational Session -Speaker-D
"They Choose MN " Part 2 Presented by Photographer Doug Ohman
6:30 500 & Bridge - L
6:30 Hand & Foot Cards-L
7:30 Bible Browser's Study-D

15
8:15 Early Music & Movement - E
9:00-3:00 [Appointment Runs](#)
9:30 "Chair Yoga" Fitness DVD - E
10:30 Coffee Social - L
12:00 Pinochle - L
1:00 7up & 7down Cards -C
2:45 Walkover Ecumenical Communion at BD
3:00 Cribbage-C
4:00 Catholic Communion/Rosary - E
4:45 Birthday Dinner - D
6:30 500, Bridge & Pinochle - L/D
6:30 Skip-bo, Hand & Foot & Dominoes -C

16
8:15 Early Music & Movement - E
9:30 Music Fitness -E
10:30 Coffee Social - L
1:00 Farkle Game - C
10:15 MN Arboretum Outing And Lunch Stop (AL & L)
3:00 Cribbage-C
6:30 500 & 7up & 7down Cards -C

17
8:15 Early Music & Movement-E
9:30 Challenge Fitness-E (with Instructor)
10:30 Coffee - L
Talent Among Us
1:30 Art Exhibit D
Floral Art of Viola Porter
2:30 Karaoke ~ Happy Hour-D
6:30 Bridge-L
7:00 Chorus Polaris Concert at Christ the King (IL & AL)

18
10:00 Coffee Social - L
10:30 Music & Movement - E
1:00 Wii Games -E
1:00 Dominos-L
1:00 Farkle Game - C
2:00 Whist-C
2:30 Hymn Sing with Peggy-D
6:30 Bingo -D

19
10:30 Coffee Social - L
2:30 MN Community Youth Ensemble-D
2:30 Music & Movement-E
6:30 Pinochle -C

20
8:15 Early Music & Movement - E
9:30 "Stars & Stripes" Fitness DVD - E
10:00 Cub & Target Trips (IL & AL)
10:30 Coffee Social - L
1:00 Rummikub Club- L
1:30 Bingo - D
6:30 Hand & Foot-C
6:30 500 Club -L

21 8:15 Early Music & Movement - E
9:00-3:00 [Appointment Runs](#)
9:30 Challenge Fitness-E (with Instructor)
10:30-10:50 Blood Pressure Clinic & Balance Assessment - C & D
10:30 Coffee Social - L
3:00 Educational Session -Speaker-C
"More with Dogs..." Presented by Holly Schatz & Sugar of Therapy Dogs International
6:30 500 & Bridge - L
6:30 Hand & Foot Cards-L
7:00 Partners in Prayer - C

22
8:15 Early Music & Movement - E
9:00-3:00 [Appointment Runs](#)
9:30 "Chair Yoga" Fitness DVD - E
10:30 Coffee Social - L
12:00 Pinochle - L
1:00 7up & 7down Cards -C
3:00 Cribbage-C
4:00 Catholic Communion/Rosary - E
6:30 500, Bridge & Pinochle - L/D
6:30 Skip-bo, Hand & Foot & Dominoes -C
7:30 500 -C

23
8:15 Early Music & Movement - E
9:30 Music Fitness -E
10:30 Coffee Social - L
10:45 (\$) Theater Outing with Lunch "The Red Herring" (IL & AL)
11:45-12:45 Bonus BINGO -D
1:00 Farkle Game - C
3:00 Cribbage-C
6:30 500 & 7up & 7down Cards -C

24
8:15 Early Music & Movement-E
9:30 Challenge Fitness-E (with Instructor)
10:30 Coffee Social-L
1:15 Walkover to BD for Confession with Mass at 2:00 (IL)
6:30 Bridge-L

25
10:00 Coffee Social - L
10:30 Music & Movement - E
1:00 Dominos-L
1:00 Farkle Game - C
2:00 Whist-C
2:00 Film Fest-D "Green Book"
2018 Release Drama / Comedy
6:30 Bingo -D

26
10:30 Coffee Social - L
2:30 Music & Movement-E
6:30 Pinochle -C

27 MEMORIAL DAY
8:15 Early Music & Movement - E
9:30 "Stars & Stripes" Fitness DVD - E
10:30 Coffee Social - L
10:30 DIY Handworks -C
10:30 Book Club "A Man Called Ove" -D
12:00 Memorial Picnic Meal-D
1:00 Rummikub Club- L
1:30 Bingo - D
6:30 Hand & Foot-C
6:30 500 Club -L

28 8:15 Early Music & Movement - E
9:00-3:00 [Appointment Runs](#)
9:30 Challenge Fitness-E (with Instructor)
10:30-10:50 Blood Pressure Clinic - C & D
10:30 Coffee Social - L
2:30 Educational Session -Speaker-D
"Foxy Ladies" Presented by Melonie Shipman Traveling Naturalist
6:30 500 & Bridge - L
6:30 Hand & Foot Cards-L
7:30 Bible Browser's Study-D

29
8:15 Early Music & Movement - E
9:00-3:00 [Appointment Runs](#)
9:30 "Chair Yoga" Fitness DVD - E
10:30 Coffee Social - L
12:00 Pinochle - L
1:00 7up & 7down Cards -C
3:00 Cribbage-C
4:00 Catholic Communion/Rosary - E
6:30 500, Bridge & Pinochle - L/D
6:30 Skip-bo, Hand & Foot & Dominoes -C
7:30 500 -C

30
8:15 Early Music & Movement - E
9:30 Music Fitness -E
10:30 Coffee Social - L
1:00 Farkle Game - C
2:15 Bell Museum Outing (IL & AL)
3:00 Cribbage-C
6:30 500 & 7up & 7down Cards -C

31
8:15 Early Music & Movement-E
9:30 Challenge Fitness-E (with Instructor)
10:30 Coffee Social-L
2:00 Bring a Guest ~ Happy Hour-D
2:30 Keyboard Music with Mike Hubbard-D
6:30 Bridge-L

KEY
BD Brightondale AL
D Dining Area/Veranda
C Craft Room
E Exercise Room
L Library Room
\$ Need Money for Outing or Event
\$\$ Billable Outing
R-Reflection
IL-Independent Living
AL Assisted Living
___ Outing or Specials
TBA To Be Announced
P Patio Lo_Lobby () FYI