

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2019




BRIGHTONDALE
A SILVERCREST COMMUNITY

Key

- F - Fireside Room
- D - Dining Room
- S - Sunroom
- E - Exercise
- P - Patio
- SN - Sunroom Nook
- / - Or
- Outing/Special
- TE - 1st Floor Elevator
- Lobby
- 1B - Lobby by Beauty Shop



- Neighborhoods
- (IL) - Independent
- (AL) - Assisted Living
- (R2) - Reflections on 2
- (R3) - Reflections on 3

<p>3 9:30-10:00 Coffee Social-R3 1:30 Worship Songs & Coffee-R3 <u>2:00 Sunday Worship Service with Pastor Ben-R3</u> 3:30 Fun Fitness 15 - S 6:00 Time to Pray-S</p>	<p>4 9:30-10:00 Coffee Social-R3 <u>9:45 Target & Cub Shopping Trip (AL& IL)</u> 10:00 Active Fitness-R3 <u>1:00-1:20 Blood Pressure Clinic - SN</u> <u>2:00 Short Scenic Drive "Looking for the Color Green" (R & AL)</u></p>	<p>5 <u>9-3:00 Appointment Runs</u> <u>10:00 Coffee with the Cops-D</u> <u>1:00 Educational Session- Speaker-S "Global World" Presented by Stu Stigney</u> 2:00 New View Chats -F <u>6:30 Rummikub Club-SN</u></p>	<p>6 Ash Wednesday <u>9-3:00 Appointment Runs</u> 9:30-10:00 Coffee Social-R3 <u>10:00 KING'S KIDS -R3.</u> <u>2:30 Hymn Sing with Peggy -R3</u> <u>3:30 Catholic Communion - S</u></p>	<p>7 <u>8:30 (\$) Men's Breakfast Outing (AL & IL)</u> 10:00 Active Fitness - R3 <u>11:00 Rosedale Run Shopping or Show (IL & AL)</u> <u>1:00 Resident Forum - F</u> 2:00 Game of the Week -BINGO- S 3:30 Fun Fitness 15 - S <u>6:00 Brightondale Family & Friends Support Group-F</u> <u>6:30 Rummikub Club-SN</u></p>	<p>8 9:30-10:00 Coffee Social-R3 <u>10:30 (\$) Global "Claddagh" Lunch (AL & IL)</u> <u>1:00 Music by Jeff Brueske -R3</u> <u>2:45 Creating with TG Students -R3</u> <u>3:00 Stations of the Cross-S</u> 3:30 Fun Fitness 15 - F <u>6:00 Global Party of the Month "Ignite Over Ireland" with Happy Hour -S</u></p>	<p>9 9:30-10:00 Coffee Social-R3 10:00 Active Fitness -R3 <u>12:00 Manicures -S</u> <u>1:30 Fitness Walkers' Club (Meet in the Sunroom)</u> <u>2:00 Film Fest-F "Pick of the Litter" 2018 Release Documentary</u> <u>6:30 Rummikub Club-SN</u></p>
<p>10 Spring Forward  Daylight Savings Time begins Sunday 9:30-10:00 Coffee Social-R3 <u>1:00 Sunday Devotions -R3</u> 1:30 Worship Songs & Coffee-R3 3:30 Fun Fitness 15 - S 6:00 Time to Pray-S</p>	<p>11 9:30-10:00 Coffee Social-R3 <u>9:45 Target & Cub Shopping Trip (AL& IL)</u> 10:00 Active Fitness-R3 <u>1:00-1:20 Blood Pressure Clinic - SN</u> <u>2:00 Short Scenic Treat Drive "Shamrock Shakes" (R & AL)</u></p>	<p>12 <u>9-3:00 Appointment Runs</u> 10:00 Active Fitness -R3 <u>1:00 Educational Session- DVD-F "Explore the World" Part 2</u> 2:00 Current News Review-F 3:00 Cribbage - S 6:30 Rummikub Club-SN</p>	<p>13 <u>9-3:00 Appointment Runs</u> 9:30-10:00 Coffee Social-R3 10:00 Active Fitness -R3 <u>10:30 Music with Gary -R3</u> <u>1:00 Ramsey County Library Book Exchange-SN</u> <u>2:00 Fun Photo Shoot -S</u> 3:00 Rosary - F</p>	<p>14 10:00 Active Fitness - R3 <u>11:45 (\$\$) Outing to Monroe Crossing Concert (AL & IL)</u> <u>2:15 KING'S KIDS -R3</u> 3:30 Fun Fitness 15 - S <u>6:30 Rummikub Club-SN</u></p>	<p>15 9:30-10:00 Coffee Social-R3 <u>1:00 Readers Club-S</u> <u>2:15 Creating Hand Chimes - R3</u> <u>3:00 Stations of the Cross-S</u> 3:30 Fun Fitness 15 - F <u>4:00 Themed Meal "Irish Flavor" - D</u> <u>6:00 Crosswords & Happy Hour -S</u></p>	<p>16 9:30-10:00 Coffee Social-R3 10:00 Active Fitness -R3 <u>12:00 Manicures & Essential Oil Hand Massages -S</u> <u>1:30 Fitness Walkers' Club (Meet in the Sunroom)</u> <u>2:00 Film Fest-F "In the Footsteps of St. Patrick" 2017 Release Documentary -Biography-Music</u> <u>6:30 Rummikub Club-SN</u></p>
<p>17 St. Patrick's Day  9:30-10:00 Coffee Social-R3 1:30 Worship Songs & Coffee-R3 <u>2:00 Sunday Worship Service with Pastor Ben-R3</u> 3:30 Fun Fitness 15 - S 6:00 Time to Pray-S</p>	<p>18 9:30-10:00 Coffee Social-R3 <u>9:45 Target & Cub Shopping Trip (AL& IL)</u> 10:00 Active Fitness-R3 <u>1:00-1:20 Blood Pressure Clinic - SN</u> <u>2:00 Short Outing "Looking for the Color Green" (R & AL)</u></p>	<p>19 <u>9-3:00 Appointment Runs</u> 10:00 Active Fitness -R3 <u>1:00 Educational Session- Speaker-F "More with Dogs..." Presented by Holly Schultz & Sugar of Therapy Dogs International</u> 2:00 New View Chats -F 3:00 Cribbage - S 6:30 Rummikub Club-SN</p>	<p>20 <u>9-3:00 Appointment Runs</u> 9:30-10:00 Coffee Social-R3 10:00 Active Fitness -R3 <u>2:30 Hymn-Sing With Peggy -R3</u> 3:30 Rosary - F <u>4:00 "Birthday Night" Dinner -D</u></p>	<p>21 <u>10:30 Courtroom Concert Outing (IL & AL)</u> 10:00 Active Fitness - R3 2:00 Game of the Week - Bingo-S 3:30 Fun Fitness 15 - S <u>6:30 Rummikub Club - SN</u></p>	<p>22 9:30-10:00 Coffee Social-R3 10:00 Active Fitness -R3 <u>1:00 Music by Plymouth Rockers -S</u> <u>3:00 Stations of the Cross-S</u> 3:30 Fun Fitness 15 - F <u>6:00 Crosswords & Happy Hour -S</u></p>	<p>23 9:30-10:00 Coffee Social-R3 10:00 Active Fitness -R3 <u>12:00 Manicures -S</u> <u>1:30 Fitness Walkers' Club (Meet in the Sunroom)</u> <u>2:00 Film Fest-F "Crazy Rich Asian" 2018 Release Drama-Romance</u> <u>6:30 Rummikub Club-SN</u></p>
<p>24 9:30-10:00 Coffee Social-R3 <u>1:00 Sunday Devotions -R3</u> 1:30 Worship Songs & Coffee-R3 3:30 Fun Fitness 15 - F/S 6:00 Time to Pray-S 31 9:30-10:00 Coffee Social-R3 <u>1:00 Sunday Devotions -R3</u> 1:30 Worship Songs & Coffee-R3 3:30 Fun Fitness 15 - S 6:00 Time to Pray-S</p>	<p>25 9:30-10:00 Coffee Social-R3 <u>9:45 Target & Cub Shopping Trip (AL& IL)</u> 10:00 Active Fitness-R3 <u>1:00-1:20 Blood Pressure Clinic - SN</u> <u>>>12:00 -3:00 Appointment Runs</u> <u>2:00 Food Adventures -R3</u></p>	<p>26 <u>>>9-12:00 Appointment Runs</u> 10:00 Active Fitness -R3 12:30 Current News Review-F 1:00 Educational Session -F <u>"World Religions" Part 3 Presented by Nicole Ritchie</u> 2:00 Current News Review-F <u>3:30 Catholic Communion - S</u> 6:30 Rummikub Club-SN</p>	<p>27 <u>9-3:00 Appointment Runs</u> 9:30-10:00 Coffee Social-R3 10:00 Active Fitness -R3 <u>10:30 Music with Gary -R3</u> <u>2:15 KING'S KIDS -S</u> 3:30 Rosary - F</p>	<p>28 10:00 Active Fitness -R3 2:00 Game of the Week - Names & Numbers-S 3:30 Fun Fitness 15 - F/S <u>6:30 Rummikub Club-SN</u></p>	<p>29 9:30-10:00 Coffee Social-R3 10:00 Active Fitness -R3 <u>10:30 (\$) Ladies' Lunch Outing With Como Spring Flower Stop (AL & IL)</u> <u>1:00 Readers Club-S</u> <u>2:45 Creating with TG Students -R3</u> <u>3:00 Stations of the Cross-S</u> 3:30 Fun Fitness 15 - F <u>6:00 Crosswords & Happy Hour -S</u></p>	<p>30 9:30-10:00 Coffee Social-R3 10:00 Active Fitness -R3 <u>12:00 Manicures -S</u> <u>1:30 Fitness Walkers' Club (Meet in the Sunroom)</u> <u>2:00 Film Fest-F "P.S. I Love You" 2008 Drama</u> <u>6:30 Rummikub Club-SN</u></p>